

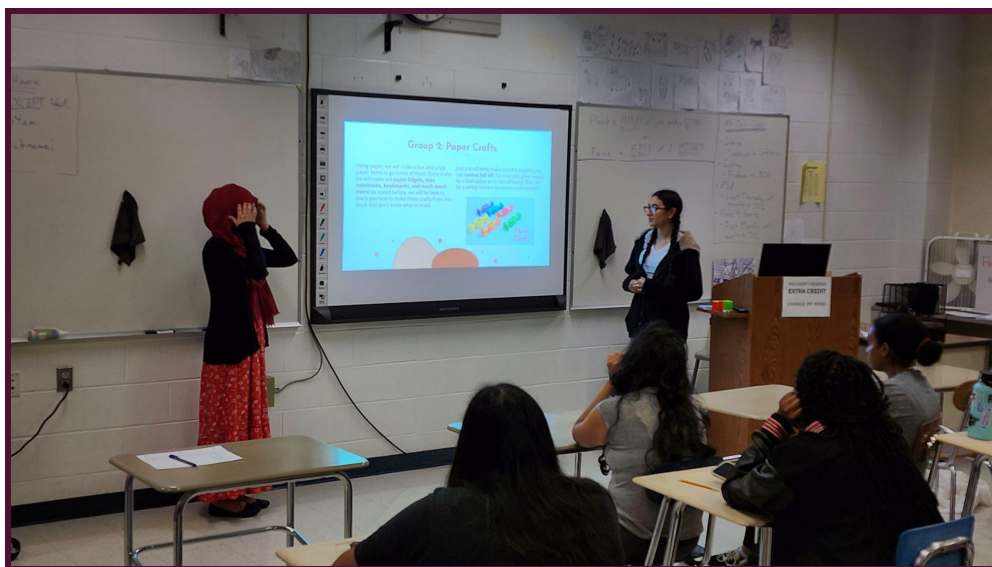


Purple & Gold

November 2022

HOPE FOR HEARTS OPENS THEIR HEARTS

The newly established student club Hope 4 Hearts, sponsored by math teacher Cuong Do, is spending time making "care kits" to send to children at the Ronald McDonald House at the Children's Hospital of Philadelphia. They had their first session on Monday, November 7th, 2022, and had a fantastic turnout of over 40 students! These students were all engaged in writing letters and creating paper crafts to complete the care kits. This would not be possible if it were not for the student leaders, Tajkera Afifa and Japneet Kaur.



Students learn how to put kits together.



The final product!

ACADEMIC ACHIEVEMENTS

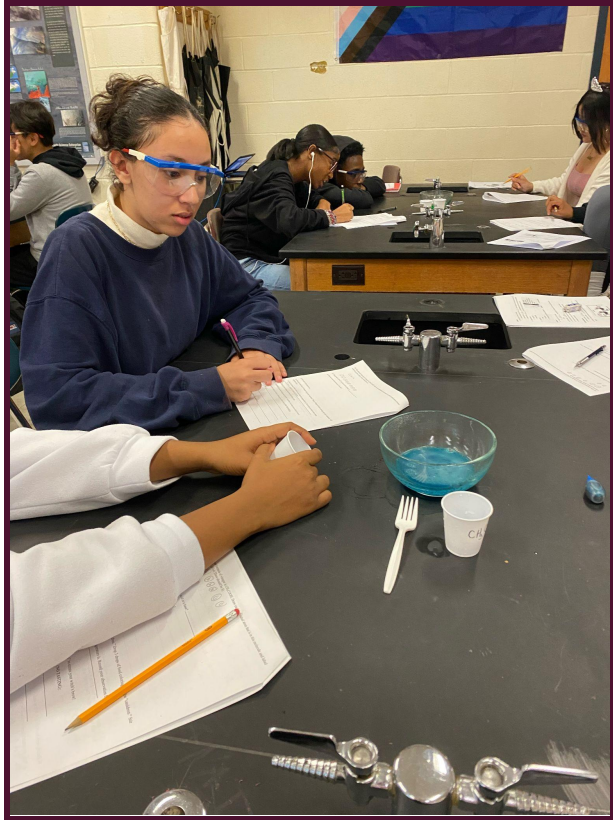
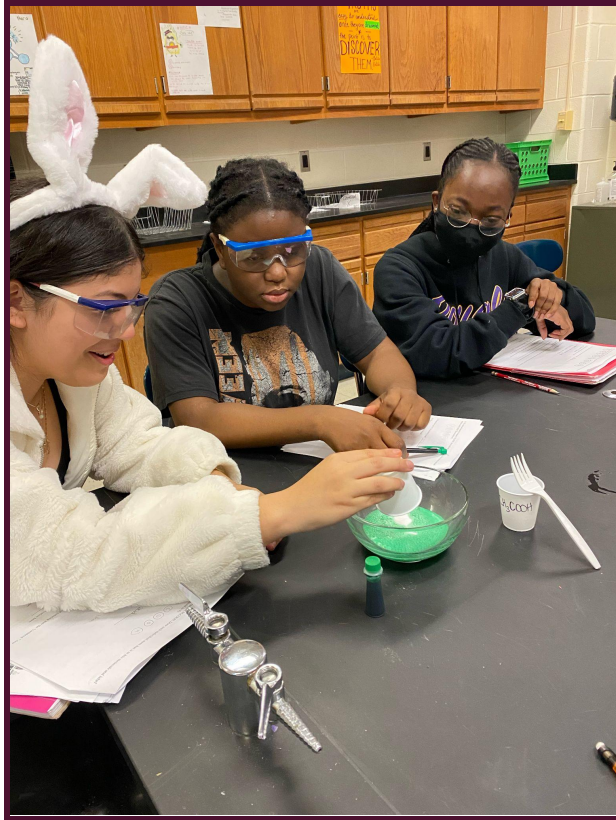
SPOOKY SCIENCE IN ANATOMY AND PHYSIOLOGY

Just in time for Halloween, students in Theresa Diamond's and Emily Stewart's Anatomy and Physiology classes learned about the wound-healing process, and had some fun as well by creating fake wounds.



MORE SPOOKY SCIENCE

Also for Halloween, students from Amelia Tedesco's General Science classes made a witch's brew to demonstrate neutralization of an acid with a base. To do the experiment, students mixed 1/2 cup of white vinegar, 3 drops of food coloring and 3 teaspoons of baking soda.



LEARNING AND LIVING IN MS. FAIRCHILD'S CLASS

Also enjoying Halloween were the students in Ms. Fairchild's class, who made complex haunted house crafts that incorporated such important social skills as listening and following single and multi-step directions. They had a lot of fun to boot!



That same week, these same students learned some valuable living experiences in the first floor Apartment, which simulates a real-world living space at which students can learn a number of skills such as cooking and household management.



Tabassum enjoys working on daily living skills!



Solomon and Riley share a laugh while sorting silverware.

ARTS & LETTERS

UDHS BAND WINS STATES AND VISITS HARRISBURG



Congratulations to the Upper Darby High School Marching Royals, who recently won another state championship! They were honored in Harrisburg on November 14 by Rep. Mike Zabel for their impressive achievement. Said Zabel on his Facebook page, "This group was also one of the nicest, most courteous groups of students I've ever had the pleasure of having in Harrisburg."

SPORTS CENTER

CROSS COUNTRY TEAM CELEBRATES STELLAR SEASON

Congratulations to the girls and boys cross country team on their successful season. All of the student-athletes achieved their personal records. The varsity seven for the girls team were Lorelei Golembiewski, Gabby Fralin, Amber Fienagha, Samantha Mapes, Alissa Joseph, and Nyanah Campbell. The varsity seven for the boys team were Josiah Saddick, David

Benda, Max Gilbert, Julian Smith-McLallen, Justin Conway-Glover, Gabe Tsayo, and Isaiah Saddick. The team made history by having two athletes from the girls team qualify for the PIAA State Championship. Lorelei Golembiewski and Gabby Fralin are top runners in the State from their amazing performances this season and both received Central League honors. They finished the season with top finishes at the state championship meet on Saturday November 4.



SAVE THE DATES

Mark your calendars for some big dates coming up in the UDHS social calendar:

November 30–FAFSA Completion Night

December 1–Operation Royal Pride

December 2–11:20AM Dismissal

December 3–UDBOP Winter Fest benefiting the UDHS Band and Orchestra programs

December 6–French Honor Society Induction

December 7–Spanish Honor Society Induction

December 14–Winter Concert

December 20–9th Grade Shadow Day

December 22–Operation Royal Pride



Have a story idea? Please email dzoccola@upperdarby.org.